

## Back to Basics – Natural Skills Course Timetable

Date	Time	Location	Activity summary
19/05/18	10.00 – 16.30	Red Branch Bushcraft, Forkhill*	What is bush craft / survival? Basics of fire building
26/05/18	10.00 – 13.00	Red Branch Bushcraft, Forkhill	Basics of shelter building
02/06/18	10.00 – 13.00	Red Branch Bushcraft, Forkhill	Advanced fire building ie. No help from matches
09/06/18	10.00 – 13.00	Red Branch Bushcraft, Forkhill	Advanced shelter building
16/06/18	10.00 – 13.00	Red Branch Bushcraft, Forkhill	Skills recap – using what you’ve learnt
23/06/18 – 24/06/18	14.00 – 12.00 (Sun)	Red Branch Bushcraft, Forkhill	Surviving in the wild – building your own shelter & fire for the night.
30/06/18	10.00 – 13.00	Slieve Gullion Forest Park**	Exploring nature’s larder and learning simple recipes
07/07/18	10.00 – 13.00	Slieve Gullion Forest Park**	Learning track and trails and how to record nature

\* Please bring a packed lunch.

\*\* Meet at the Courtyard Pond, through the large metal gates leading from the lower section of the car park through to the Walled Garden.